



**EDANS MED SPA**  
body contouring & aesthetics

## HCG Medical Weight Loss Consent Form

### CLINICAL APPLICATION:

The HCG diet was developed for the treatment of obesity by a British endocrinologist named A.T.W. Simeon. Dr. Simeon theorized that by giving HCG injections in conjunction with a low calorie (low carbohydrate/high protein/low fat) diet improved the breakdown of stored fat (lipolysis), especially in targeted areas where fat deposits were likely to collect. Patients will be administered HCG, Lipoden, and B12 intramuscularly and will be monitored by the medical providers at Edan's Med Spa.

### CONTRAINDICATIONS:

Precocious puberty (sexual and physical body changes that happen earlier than normal), prostate cancer or other androgen –dependent cancers, prior allergic reaction to HCG.

### CAUTIONS:

Ovarian hyperstimulation (a syndrome of sudden ovarian enlargement ascites and/or pleural effusion) ; Pre-existing enlarged ovarian cysts or rupture of ovarian cysts which result in hemoperitoneum; multiple births; atrial thromboembolism; cardiac disease(CHF, Valvular diseases); renal disease; epilepsy; migraine; Asthma; Nursing mothers; Electrolyte imbalances

### POTENTIAL ADVERSE REACTIONS:

Increased fertility, headache, irritability, depression, fatigue, edema, precocious puberty, gynec mastia, injection site pain and/or bruising, electrolyte imbalances, dizziness, constipation, hypersensitivity reactions which include erythema, urticaria, rash angioedema, dyspnea and shortness of breath.

By signing below I acknowledge that I have read and agree to the weight loss program described in this informed consent which includes the use of HCG (Human Chorionic Gondotropin) as well as Lipoden, B12 and a 500 Calorie diet with its potential side effects and risks. I have disclosed my past and current medical history and I am fully aware of the potential risks and adverse reactions attributed with the use of HCG, Lipoden, and B12. I was given the opportunity to ask questions and express

PATIENT SIGNATURE:

DATE: \_\_\_\_\_